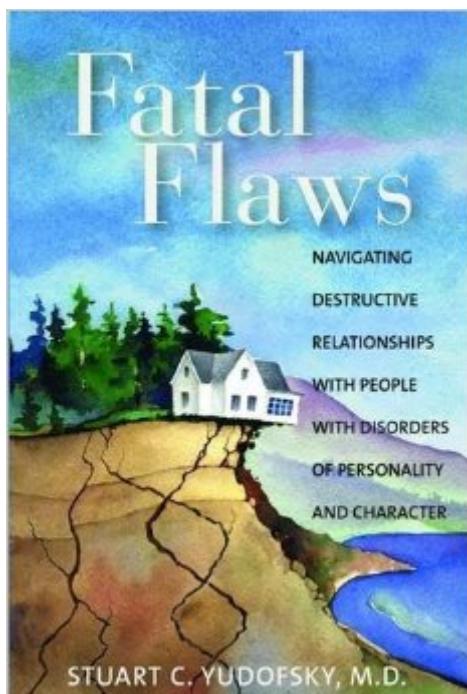


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# Fatal Flaws: Navigating Destructive Relationships With People With Disorders...



## **Synopsis**

Featuring case vignettes from nearly 30 years of Dr. Yudofsky's clinical practice and incorporating the knowledge of gifted clinicians, educators, and research scientists with whom he has collaborated throughout that time, *Fatal Flaws: Navigating Destructive Relationships With People With Disorders of Personality and Character* uniquely captures the rapidly increasing body of clinical and research information about people with severe and persistent personality and character disorders. Within these pages, the author brings to life the psychopathologies of personality and character disorders through vivid vignettes based on composites of his many patients and their most important relationships -- while meticulously changing the identifying facts and relevant details to protect confidentiality. Covering the clinical course, treatment, genetics, biology, psychology, and destructive consequences of hysterical (histrionic), narcissistic, antisocial, paranoid, obsessive-compulsive, addictive, borderline, and schizotypal personality disorders, *Fatal Flaws* stands out in the literature for these powerful reasons: - It is written for an unusually broad audience, from mental health students and trainees of all disciplines, to highly experienced clinicians, to patients who suffer from or are in destructive relationships with people with personality disorders. - It is a hybrid -- part psychiatric textbook for clinicians and part self-help manual for patients and clients with personality and character disorders. - It is designed to supplement treatment by providing patients with practical, evidence-based information about personality disorders and character flaws. - It is particularly valuable to patients who are in psychotherapy, in part, because they are entangled in destructive relationships with people with disorders of personality and/or character. - It is written in the first person, with the author directly communicating with a patient who either has a personality or character disorder or is in an important relationship with a person who has such a disorder. - It is useful for people who are uncertain whether they or their loved ones have personality or character disorders, and who want to know more about these conditions and their treatments before making a decision about securing the help of a mental health professional. *Fatal Flaws: Navigating Destructive Relationships With People With Disorders of Personality and Character* is a compelling volume that provides the essential information and a realistic sense of the clinical experience required to inform, orient, and support novice mental health professionals and seasoned practitioners alike as they face the ongoing challenges of treating patients or clients with personality or character disorders. It should also prove to be an invaluable resource for those who wish practical and effective help in understanding and changing their destructive relationships with people who have severe and persistent disorders of personality and/or character.

## **Book Information**

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## Customer Reviews

As both an Occupational Therapist working with adults and an ex-wife of a person diagnosed with several personality disorders, I have found this book (though expensive) to be an amazing reference. It's EASY to read for the lay-person as well as very informative for the professional. The examples of conversations between those who have a personality disorder and their family members, friends, coworkers, etc seemed to be taken exactly from my experiences and friends experiences who have been in contact/relations with people "diagnosed" with these difficulties. I recommend reading at least the beginning section and the end and then looking at a more specific "diagnosis". His explanations and resources were a huge help to me. After 8 years of divorce and an additional 10 years of marriage, I finally began to understand what my therapists had been telling me all along - my ex-husband had a toxic influence of my life and the life of our children. The authors ability to describe, rationalize and assist in these "disorders" was exceptional. His level of compassion in a non-judgmental way was refreshing. He not only explains the "science" behind the disorder but also how best you, as a family member / friend / treating professional, can interact with said person in a healthy manner for everyone involved. My level of compassion and understanding of my difficulties in coming to terms with the emotionally confusion relationship with my ex-husband rose exponentially. I went from not truly grasping why he "was not the person I married" to understanding that these feelings were (are) normal. Why he bounced from relationship to relationship with no apparent concern for anyone involved.

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